

www.pehra.ca
/groups/pehra
pehra_dartmouth
newsletter@pehra.ca



Celebrating Over 30 years in our Community

SPRING NEWSLETTER

PEHRA CONTACTS

<u>CHAIR</u> Hugh Millward <u>chair@pehra.ca</u>

TREASURER Dilkeerat Dhillon treasurer@pehra.info

<u>MEMBERSHIP</u>

Angela Fitzner <u>membership@pehra.ca</u>

VOLUNTEERS Rana Zaman volunteers@pehra.ca

COMMITTEES Hugh Millward

<u>trails@pehra.ca</u> Dalyce Mallion

birchespark@pehra.ca

Linda Gray littlefreelibrary@pehra.ca

Dana McLellan gatesandgardens@pehra.ca

Norman Steele environment@pehra.ca

COMMUNICATION TEAM

<u>communication@pehra.ca</u> Norman Steele – Facebook Hugh Millward – Facebook Dilkeerat Dhillon – Instagram Melanie Weaver – Instagram Leila Bautista – Newsletter

our Community Message Board, contact Linda Gray at <u>messageboard@pehra.ca</u>

See more PEHRA news and past newsletters at www.pehra.ca

ENJOY THE FIRST PRINTED NEWSLETTER IN 3 YEARS. CONNECT WITH US FURTHER ONLINE!



PEHRA would like to extend our best wishes to all community members participating in the Holy Month of Ramadan – starting March 23

GET YOUR PHOTO WITH THE EASTER BUNNY! Sat April 8th 2pm – 3pm

at Birches Park Gazebo

PEHRA, PEC Scouts and our sponsor DENTISTRY 4 U will be hosting our ANNUAL EASTER EGG SCAVENGER HUNT at the Gazebo in Birches Park. Enjoy the hunt, crafts and games, free refreshments, and lots of Easter Treats!



UPCOMING EVENTS

Stay tuned for more event details

Sat April 8, 2pm-3pm Easter Egg Hunt @ Birches Park Gazebo

Sat April 29, 9am-12pm Community Clean Up @ Birches Park, Bellbrook Park & library parking lot Rain or shine

Sat May 27, 9am-12pm Community Yard Sale Join our Participation Map! Contact chair@pehra.ca

Sat June 24, TBD NEW EVENT Paws for the Cause @ Birches Park Registration for dog activities and contests opening soon on pehra.ca Welcoming volunteers and sponsors!

Sat August 26 (27th rain date) **NEW EVENT Tennis Tournament** @ Birches Park Registration opening soon on <u>pehra.ca</u>

> Sat October 1, TBD FREE Movie in the Park @ Birches Park

Portland Estates & Hills Residents' Association



www.pehra.ca (f) /groups/pehra

(O) pehra dartmouth (D) newsletter@pehra.ca

THANK YOU LAURA FOR CONNECTING OUR COMMUNITY



PEHRA wants to recognize and thank Laura Wagner for all her efforts over the last 2 years, rain or shine, to update our Community Message Board in Birches Park with wonderful messages to keep our residents informed of local activities and events. She also monitored the condition of our Little Free Library that many of our residents enjoy!

We welcome Linda as our new Message Board and Little Free Library volunteer! Please connect with Linda at messageboard@pehra.ca / littlefreelibrary@pehra.ca

Without the generosity of residents like Laura and Linda, many of our community assets would not be possible! Continue reading to learn more on how you can get involved with PEHRA to give back to your community.

COMMUNITY TRAILS - UPGRADE TO THE PORTLAND LAKES GREENWAY

Written by PEHRA Trails Chair Hugh Millward

Good news for our community trails! The western section of the Portland Lakes Greenway has finally been widened and paved (see photo below). This section runs from the Russell Lake pumping station to the Baker Drive trailhead at the corner of Norm Newman. The Greenway-standard paving was supposed to happen 13 years ago but was deferred due to a lack of funds. The PEHRA trails team has lobbied to HRM for the upgrade for many years, and our persistence has finally been rewarded!



PEHRA trails volunteers had input on the design for the upgrade. The final design was even better than we had hoped! The steep slope at the Baker Drive end was realigned to lower the grade from 17% to 8%, which is the national trail standard. The entire upgraded trail section was widened to three metres and paved. As a bonus, the short section which shares the pump-station access road has also been paved.

The trail upgrade is excellent, and we are hearing enthusiastic comments from residents! The associated improvements at the trailhead are also much appreciated - there are 15 newly planted trees and a pleasant lakeview seating area (see photo below). Overall, it's a very good development and a fitting western terminus to the Portland Lakes Greenway.

On behalf of PEHRA, we have extended thanks to Councillor Kent for backing our upgrade requests, and to HRM Parks and Active Transportation. The upgraded trail opened to walkers & wheelers in December 2022 and is proving to be popular. As a paved greenway, it will receive winter snow clearing, and if it doesn't please report on line 311. Enjoy this great addition to our community!



If you see safety or maintenance issues on our trails. please report them on the HRM service line (phone 311) and/or report to trails@pehra.ca Let's all work together to take care of our community trails! Portland Estates & Hills Residents' Association

🌐 www.pehra.ca 🛛 🕤 /g

(f) /groups/pehra

pehra_dartmouth I newsletter@pehra.ca

SUPPORT ENVIRONMENT EFFORTS IN 2023

Written by PEHRA Environment Chair Norman Steele

The PEHRA environment committee has several plans to continue to care for and improve our community throughout the spring, summer, and fall season! This includes:

- Participating in our Community Clean Up on April 29th
- Training and continued water sampling for the HRM Lake Watchers program
- A guided environmental awareness walk through the parklands of Portland Estates
- Continuing the tree wrapping/beaver protections along the shorelines that have been successful
- Harvesting invasive plant species in the parklands

We need the community's support for these projects, so please connect with us online to learn how to get involved, or contact <u>environment@pehra.ca</u>

START A COMMUNITY GARDEN!



PEHRA has received interest from many residents about starting a community garden! Help us make this wonderful idea a reality. Send in your ideas and take lead of this gardening group by reaching us at <u>gatesandgardens@pehra.ca</u>

IMPROVE OUR COMMUNITY GATES

Did you know the entrances of our community (pictured on the right) are maintained by your very own neighbours? Volunteer with the PEHRA gardening team to keep the greenery at our beautiful gates looking it's best! All ages and levels of expertise are welcome. Whether it is a one-time, part-time or full-time volunteer commitment, we look forward to working together to care for our area. If you're interested, contact gatesandgardens@pehra.ca anytime!









Athletic & Casual Footwear • Custom Orthotics Custom & Off the Shelf Braces • Medical Products Compression Therapy • Fitness Products

133 Baker Drive 902.468.7911 SolesinMotion.ca



Proud Members of this Neighbourhood Since 1983

P.E.C. SCOUTS ARE EXCITED TO CANOE MORRIS LAKE AGAIN THIS SUMMER



Our local Scouts Program provides our youth with opportunities to build their outdoor skills! The P.E.C. Scouts Group has grown to over 150 youth – making them the 5th largest scouting group in Canada. PEHRA is proud to be a Sponsor to support their efforts. For more information, to register a youth, or to volunteer, please email group.commissioner@pecscouts.ca

Thank you to the Scouts and other community volunteers for helping with the delivery of the printed newsletter throughout our neighbourhood!

SUPPORT CHANGE IN YOUR COMMUNITY!

PEHRA is your non-profit residents' association, and for only \$10 annually YOU can support our work.

As you've read throughout the newsletter, we do a great deal to improve our community's quality of life and keep residents connected! We lobby HRM for improvements voiced by residents, and raise funds from both government and private donors to enable change!

Your annual membership is important to us, not only as a source of funds to make more projects possible, but also to increase our voice within HRM and with other partners.

To become a member and show your support, please visit <u>https://pehra.ca/join/</u> or follow the methods below!

JOIN OR RENEW YOUR PEHRA MEMBERSHIP TODAY! ANNUAL MEMBERSHIP OF \$10.00 PER HOUSEHOLD DATE:	WOULD YOU LIKE TO Volunteer in Any of the following Areas? Check Below
FULL NAME:	MEMBERSHIP
SPOUSE NAME:	NEWSLETTER DELIVERY
ADDRESS:	
POSTAL CODE:	GATES & GARDENS
EMAIL:	TRAILS
PAY BY: CASH PAY BY: CHEQUE PAYABLE TO "PEHRA". MAIL FORM AND CHEQUE TO	ENVIRONMENT
PAY BY: E-TRANSFER TO <u>TREASURER@PEHRA.INFO</u> PAY BY: E-TRANSFER TO <u>TREASURER@PEHRA.INFO</u> DARTMOUTH, NS, B2W 6A3	OTHER